# Birmingham City University Faculty of Health Education & Life Sciences Staff Curriculum Vitae

As a member of the Faculty you are required via your IPR, to review your CV on an annual basis. Only this template should be used. The completed template will be kept in a database within Centre for Academic Quality and Student Governance where it will be accessed as required for Faculty activities.

## 1. Name: Professor Fatemeh Rabiee

## 2. Qualifications:

Academic: BSc (Hons) Nutrition and Dietetics; MSc Public Health and Nutrition;

Ph.D Public Health Nutrition; Certificate in Higher Education-Teaching

and Learning

**Professional:** Registered Public Health Nutritionist.

- 3. **Present Post:** Professor of Public Health Promotion, Faculty of Health, Education & Life Sciences.
- **4. Previous Relevant Posts:** Senior Lecturer in Health Promotion, School of Health & Policy Studies, Faculty of Health & Community Care, UCE.

## 5. Learning and Teaching Experiences:

- ♦ Extensive experience of Postgraduate teaching and learning in health promotion, public health, public health nutrition, ethics, epidemiology, research methodology and evaluation in the UK, Netherlands, Egypt, UAE and Iran.
- Curriculum development and course validation for undergraduate and postgraduate courses in Public Health, Health Promotion, Nutrition and MPH both in UK and in UAE.
- Research supervision for MSc and PhD students in the area of Public Health and Social Care.
- ♦ Contribution to staff development, mentoring and capacity building in research within the Faculty and Cross Faculty; Business School, BLSS.
- ◆ Contribution to the CPD(continued professional development) programme for members of Nutrition Society,
- ♦ Contribution to the MPH course at Birmingham University.
- Extensive experience of planning, organising and contributing to short courses, conferences, seminars and workshops on health and social care issues for professionals within the West Midlands region, nationally and internationally.
- On-going contribution as a visiting professor and keynote speaker/ facilitator at national and international conferences.

## 6. Research Interests and Experience:

Initiated, designed, managed and implemented a number of applied research projects in the broad area of health and social care. Main research interests are: health and social policy, health inequalities, mental health promotion, public health nutrition and evaluation of health & social care projects. The following are examples of some of the research and development in the broad area of public health promotion in collaboration with other agencies:

- ♦ **HPYP:** Health Promotion for young people in prison setting- An EU funded project with 6 partner countries.
- ♦ The ENRICH programme: Ethnicity, DetentioN and Early Intervention: Reducing Inequalities and Improving Outcomes for Black and Minority EtHnic Patients.
- ♦ Communication in Cancer Care: Evaluating the Connected© 2-day Advanced Communication Skills Training Programme & Policy Implementation.
- ♦ CAMH: Review and Needs Analysis of Child and Adolescent Mental Health Services in Sandwell 2008/2009. In Collaboration with Centre *for* Research *into* Quality. March 2009
- ♦ Being Understood, Being Respected: An Evaluation of the Statutory and Voluntary Mental Health Service Provision in Birmingham for members of the Black African and Black African-Caribbean Communities.
- ♦ **Gym for Free Scheme:** An Evaluation of the Impact of the "Gym for Free" Pilot Scheme on Health and Wellbeing of Residents in Lady Wood.
- ♦ SHAMA-The Role of Community Development Workers in Mental Health Promotion of South Asian Communities.
- ♦ Sustainability in local Public Health Nutrition Programmes: beyond nutrition education, towards community collaboration.

## 7. Current Research:

**Early Years**: An Early Years Community Based Obesity Prevention Programme focusing on parenting and empowerment in deprived area of Sandwell.

**Cardiovascular Risk Assessment** among a Saudi University's Employee and their Families and developing intervention programme.

**Health Trainers**: to what extent do Health Trainer's interventions have an impact on reducing the cardiovascular risk score of individuals in West Midlands?

- **8. Academic Activities:** eg approval panel chair and representation roles, subject quality co-ordinator roles, Programme Director roles, admissions tutor, external examiner, Editorial Boards, QAA bench marking/Review activities, HEA roles
- Experience of external examiner at various University and PhD examiner at UK University.
- ♦ Editorial board for International Journal of Food, Nutrition and Public Health,
- ♦ Editorial board for Egyptian Journal of Cardiovascular disease,
- ♦ Editorial Board of Iranian journal of Health Promotion Perspective (HPP)
- ♦ Reviewer of the European Journal of Public Health, International Journal Health Promotion, Journal of Diversity, Health &Social care, British Journal of Psychiatry, Lebanese Medical Journal and Athens Journal of Health.

- Active member of the following organisation and agencies:
  - A) Association of the Professors of Human Nutrition.
  - B) Nutrition Society
  - C) UK Health Promotion/ Education Academic forum
  - D) Heart Friends Around the World
  - E) International Union of Health Promotion/ Education
  - F) International Union of Nutrition Society
  - G) European Federation of Nutrition Society
  - H) European Public Health Association
  - I) World Public Health Nutrition Association
  - J) UK Universities' Ethics Committee

In addition I continue to be a member of the organising committee, scientific committee and invited/ guest/ keynote speaker to a number of regional, national and international conferences in Public Health, Health Promotion and Public Health Nutrition.

- **9 Professional Activities:** *eg FfP, Disciplinary panels, IO, honorary contracts with Trusts, Leading and contribution to professional or academic groups etc* 
  - ♦ Continues to spend a day a week working in the broad area of public health nutrition/promotion with different agencies in the region and nationally.
  - ♦ Actively involved in an advisory capacity for a number of voluntary and statutory organisations nationally and international.
  - ♦ Professional links with Universities; Society of Cardiovascular disease; Mental Health and Health Development Agencies in UK, Iran, Sharja-UAE, Sweden, Egypt and San Marino, Bulgaria and WHO Eastern Mediterranean Region.
  - ♦ Active member of Nutrition Society in UK and contributes regularly to professional development programmes of the Nutrition Society.
- 10. Scholarly Activity and how it contributes to students learning experiences: eg conference attendance, maintenance of knowledge base, clinical etc. ie how you maintain your CPD

On-going scholarly activities through attending and contributing to courses and conferences in the area of public health nutrition, health promotion, public health and research to maintain CPD. Was nominated as Extra miles award for an inspiring teacher last academic year.

11. Consultancy: Any activity which supports an external organisation.

Extensive experience of advising professionals nationally and internationally in the areas of:

- 1-Public Health Nutrition; Community based intervention programme
- 2-Health Promotion; planning and implementing health projects
- 3-Community based coronary heart disease prevention programme
- 4-Issues related to health inequalities
- 5-Evaluation and research
- 6-Health Policy development and implementation
- 7-Capacity Building in research and health promotion
- -Experience of developmental work and consultancy in a broad range of public health issues for

these organisations: Rover Learning Business, Birmingham Sports Council, RoSPA, Education Authority, Social Services, School of Continuing Studies- Birmingham University, Birmingham PCTs, Sandwell Public Health Department, Sandwell PCT, Community Medicine and Public Health (Sweden), Nutrition Society and Health Development Agency.

- -Through advocacy, research, and leadership skills have contributed to implementation of a number of applied research programmes and in building social capital amongst diverse groups of population in UK; example "Be Active" scheme in Birmingham & "BME Mental Health Promotion".
- Apart from being an academic & a practitioner with 30 years of experience of working both in developed and countries of economic transitions, I have established a number of community organizations in Birmingham-UK and have been instrumental in promoting emotional, mental and societal health and wellbeing of the population in Birmingham through working voluntarily with a number of agencies as the chair of Birmingham Relate, and a member of Trustee for this organization over the last 2 decades, as well as a member of Lord Chancellor Advisory Group for Justice on peace over 8 years.
- **Publications:** e.g. journals, peer reviews, book reviews, conference presentation in recent years.
  - ♦ Zoebia Islam, Fatemeh Rabiee, and Swaran P. Singh (2015) <u>Black and Minority Ethnic Groups' Perception and Experience of Early Intervention in Psychosis Services in the United Kingdom</u>. Journal of Cross-Cultural Psychology 1–17 DOI: 10.1177/0022022115575737
  - ◆ Fatemeh Rabiee, Anne Robbins and Maryam Khan (2014) Gym for Free: The Short Term Impact of an Innovative Public Health Policy on the Health and Wellbeing of Residents in a Deprived Constituency in Birmingham, UK. Health Education Journal DOI: 10.1177/0017896914553957
  - ♦ Rabiee, F. and Smith, P.(2014) <u>Understanding mental health and experience of accessing services in African and African Caribbean users and carers in Birmingham UK</u>. Diversity and Equality in Health and Care; 11: 125-34
  - ♦ Stavroula Bibila and Fatemeh Rabiee (2013) <u>Training the powerful: Issues that emerged during the evaluation of a communication skills training programme for senior cancer care professionals</u>. European Journal of Cancer Care. DOI: 10.1111/ecc.12167
  - ♦ Sally Lovelace and Fatemeh Rabiee-Khan (2013) <u>Food choices made by low-income</u> <u>households when feeding their pre-school children: a qualitative study.</u> Maternal and Child Nutrition First published online. 16 JAN 2013 DOI: 10.1111/mcn.12028
  - ♦ Yvonne Kerkhof, Fatemeh Rabiee, Charles G. Willems (2013) Experiences of using a memory aid to structure and support daily activities in a small-scale group accommodation for people with dementia. Dementia: The International Journal of Social Research and Practice. Published online before print October 17, 2013, doi: 10.1177/1471301213504210
  - ◆ Fatemeh Rabiee and Paula Smith (2013) <u>Being Understood, Being Respected: An Evaluation of Mental Health Service Provision from Service Providers and Users' Perspectives in Birmingham, UK' has recently in the journal International Journal of Mental Health Promotion. Volume 15, No3, pp 162-177</u>
  - ♦ Morag MacDonald, Fatemeh Rabiee and Caren Weilandt (2013). <u>Health promotion and Young prisoners: A European Perspective</u>. International Journal of Prisoner Health. Vol 9, No.3, pp 151-164
  - ♦ Yvonne Kerkhof, Fatemeh Rabiee, Charles G. Willems(2011) Memory aid to structure and support daily activities for people with dementia. <u>Assistive Technology Research Series</u>, Vol 29 Page 3-9. DOI 10.3233/978-1-60750-814-4-3
  - ♠ Rabiee (2007) The Role of Nutrition and Exercise in Prevention and Management of Cardiovascular Disease. Proceeding of Cardiology update 2006, pp 32-37.

- ♦ Rabiee, F. and Smith, P. (2007) Too much overlooking. Mental Health Today, May 2007, pp.26-29.
- ♠ Rabiee, F (2006) <u>Sustainability in local public health nutrition programmes: beyond nutrition education, towards community collaboration</u>. <u>Proceedings of the Nutrition Society</u>, Volume 65, Number 4, November 2006, pp. 418-428.
- ♦ Rabiee, F (2004) Focus group interview and data analysis. Proceeding of Nutrition Society Vol.63, No 4, pp 655-660.
- ♦ Richardson, C A and Rabiee, F (2001). "A Question of Access" an exploration of the factors influencing the health of young males aged 15-19 living in Corby and their use of health care services. Health Education Journal, Vol. 60, No (1), pp 3-6
- **13. Other Relevant Activities:** *Shortlisting for awards, examples of good practice you have initiated in last 5 years*
- 14. Mandatory updates completed  $\sqrt{\phantom{a}}$
- 15. Date of last renewal of professional registration (where applicable)

Dec 2015.